

Biofilia - Biophilia

Courtenay, Vancouver Island

A Deep Green Nature-Immersion Eco-Therapy Retreat

with



Chanchal Cabrera MSc
medical herbalist
horticulture therapist



Thierry Vrain PhD
molecular biologist
soil scientist, farmer

May 1-5, 2019

A chance to sink quietly
into green space,
to relax, to unwind,
to rejuvenate

- Medicine, myth and magic – the science and the spirituality of plants and nature
- A revised framework for personal interaction in nature
- A deeper understanding of the chemistry and processes of life on earth
- Goethean study of plants, Shinrin Yoku (Forest Bathing Therapy)

\$500 + GST (includes lunch)

register: www.innisfreefarm.ca / 250.336.8767