

Herbal Medicine Weekend Workshops

Registration form & Waiver 2010

To register for the 2010 Herbal Apprenticeship Weekend Workshops please print out and complete the Registration form and the Waiver of liability and return them to us with your non-refundable deposit and your postdated cheque.

Classes will run (except botany weekend in July)

Friday 6.30 pm – 9 pm herbal pharmacy and medicine making

Saturday 9.30 am – 6 pm lecture

Sunday 9.30 am – 3 pm lecture

Dates

February 26 / 27 / 28

March 19 / 20 / 21

April 17 / 18 / 19

May 14 / 15 / 16

June 25 / 26 / 27

Cost per single weekend \$350.00 plus GST

Non-refundable deposit of \$100 due 2 weeks before class commences and balance due on first day.

Cost includes home cooked, organic lunches on Saturday and Sunday, dinner on Saturday, tea and coffee, morning and afternoon fruit snacks. The meals are healthy and hearty, featuring produce from our gardens. We also provide most equipment and supplies for medicine making, and a printed course manual. The cost of the workshops may be tax deductible if you are a health practitioner.

Accommodation

Sorry but we cannot offer indoor accommodation.

Camping is available on the farm during the summer. Students will need to bring camping gear: tarps are essential when it rains, tent, mat, sleeping bag, etc as well as breakfast foods. We have a kitchen and a hot shower for the use of campers.

There are many guest houses and motels within a few minutes drive of our farm. Here are links to a few.

Herbal Medicine Weekend Workshops

[Grey Stone Manor](#)

[Bella Vista Waterfront Cottage](#)

[Cumberland Gardens Bed and breakfast](#)

[Beach House Bed and Breakfast](#)

[Riding Fool Hostel](#)

[Ships Point Inn](#)

[Kingfisher Resort and Spa](#)

[Sleepy Hollow](#)

[Travelodge](#)

www.roystonhouse.ca

For more information about Courtenay and accommodation options visit

[Comox Valley Tourism](#)

[Comox Valley online](#)

[Town of Courtenay](#)

[Comox Valley Record](#)

Transportation and car sharing

To Courtenay take the [Greyhound](#) from Vancouver, Victoria or Nanaimo, or for a quicker ride get on an [Islandlink Minibus](#) at Departure Bay in Nanaimo. These can drop you at the end of our road, or if necessary we will pick you up at the bus depot in Courtenay.

There may be the option of sharing rides which we will organize once registration forms have been received. We will keep you posted on this matter.

Herbal Medicine Weekend Workshops

Directions to

[Innisfree Farm](#)

3636 Trent Road,

5 kms south of Courtenay

Coming from the South of Vancouver Island on Highway 19 (Inland Island Highway) you can take one of two ways:

Take the Buckley Bay Exit, and turn left on Highway 19A towards Courtenay. After 18 Km or so turn left at the traffic light onto Royston Road towards Cumberland. Pass the railway line. Trent Road is the second on the left and 3636 is the last house on the left before you come to the woods.

Alternatively you can stay on Highway 19 all the way to Courtenay, take Exit 117 and the Connector road. After one Km or so, take the first exit on the right on Minto Road. After 4 Km you come to a T intersection with Royston Road. Turn left, Trent Road is the first turn on the right, 3636 is the last house on the left.

Herbal Medicine Weekend Workshops

Registration Form

Workshops you are applying to:

February 26 / 27 / 28 **water based remedies:**
mucilage, tannins, anthraquinones, infusions, decoctions, soaks, compresses, gargles

March 19 / 20 / 21 **solvent based remedies**
alkaloids, saponins and steroids, tinctures, vinegars, honeys

April 17 / 18 / 19 **aromatherapy**
essential oils in practice, steams, emulsions

May 14 / 15 / 16 **formulating and dosing**
prescribing principles, safety and toxicology

June 25 / 26 / 27 **plant attunement exercises**
intensive study of one plant in all it's aspects: spiritual and scientific, holistic and phyto-chemical.

About yourself (All information kept confidential)

Name _____ Age _____

Address

Phone _____ Email _____

Dietary _____ restrictions _____

Herbal Medicine Weekend Workshops

Do you have medical conditions or allergies ? (i.e. bee stings, asthma, diabetes, etc)

Do you have any physical disabilities?

Transportation

I need a ride from (where) _____

I can offer a ride from _____ for (how many) _____ ?

And finally, how did you hear about this course ?

_____ Poster _____ Email list _____ Word of mouth /friend _____ Other
_____ Common Ground _____ Herbal Collective

Please enclose your non refundable deposit of \$100 plus GST (\$105) per workshop

Print the registration form, the personal biography page and the Waiver of liability, and return them completed with your cheques made out to Chanchal Cabrera:

Innisfree Farm, 3636 Trent Road, Courtenay BC V9N 9R4

Herbal Medicine Weekend Workshops

Waiver of Liability

I _____ (please print your name) understand and agree that, after completion of this Herbal Medicine Weekend workshop training, I will not be licensed or qualified to practice as a herbalist nor to diagnose, or treat any medical condition.

I undertake to use all information provided to me during the Herbal Medicine workshop solely for my own benefit. Any adverse consequences obtained by myself or others resulting from the use of information provided to me during the Herbal Medicine workshop shall be solely my own responsibility and I shall not hold liable any of the instructors of the program in any way.

Your signature

Your name (printed please)

Date